

Growing Medicinal Herbs

A close-up photograph of a single, vibrant pink rose in full bloom. The flower is the central focus, with its numerous petals radiating from a bright orange-yellow center. The surrounding foliage consists of dark green, serrated leaves with prominent veins, typical of a rose bush. The background is a soft-focus green, suggesting a garden setting.

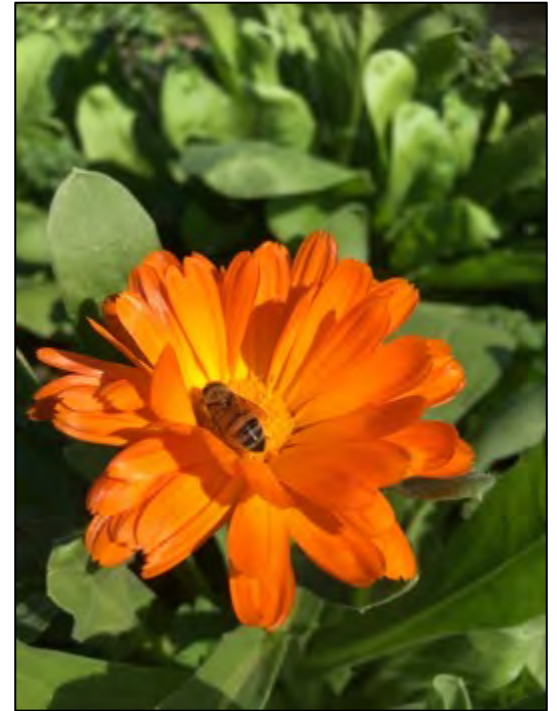
Presented by Noelle Joy

Growing Medicinal Herbs

First, take some time to plan

Questions to ask...

- What herbs do you like?
- How do you plan to use them?
- How much time do you have?
- How much space do you have?



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More questions to ask...

- What are your property limitations/opportunities?
- Space
- Light
- Soil
- Water



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There are many different types of herbs and you could choose specific ones based on the answers these questions.



Seed Sourcing

- Strictly Medicinal Seeds
- Southern Exposure
Seed Exchange
- Johnny's Seeds



Seed Starting

Things to check for:

- Scarification
- Stratification
- Heat requirements
- Soaking



Planting

- Fertilize soil
- Check the plant spacing
- Observe microclimates

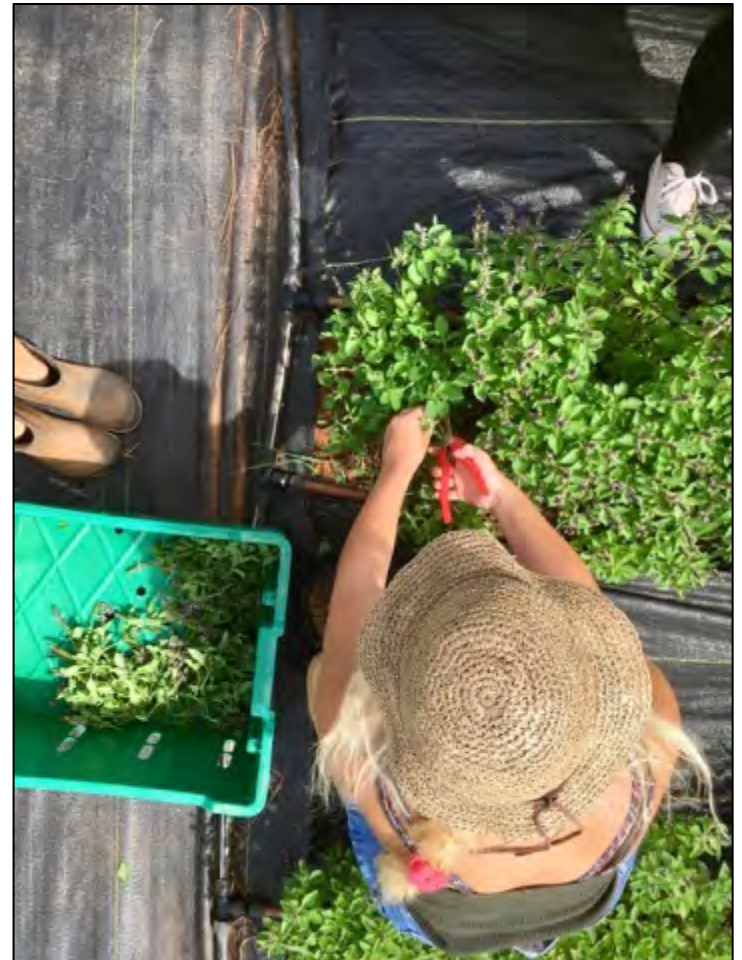


Pest Control



Harvesting

- What part of the plant?
- What time of year?
- How does it need to be processed/dried?



Harvest



Harvest



Harvest



Harvest



Washing



Drying

- Things that influence drying
 - Air flow
 - Temperature
 - Humidity



Drying Herbs



Processing before drying



Drying Herbs

- Snap test/Crush test
- Cycle plants through
- Process



My Favorite Herbs

Annuals

- Holy basil
- Hibiscus
- Chamomile
- Lemongrass
- Culinary Basil

Perennials

- Peppermint
- Lemon balm
- Licorice Mint/Anise Hyssop
- Yarrow
- Rosemary
- Thyme
- Oregano

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Hibiscus sabdariffa - calyx



Calyces with seed pods removed

